

Class Schedule September 2018



KICKBOXING STAGE 1 - Beginner Class

KICKBOXING STAGE 2- Advanced Class

KICKBOXING STAGE 3 - Professional Class

Kids cannot join any on-going class after 15 minutes late.

TIME	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
10:00 to 11:00	Kickboxing Private One On One	Adult Female Kickboxing		Adult Female Kickboxing		Adult Female Kickboxing
10:00 to 11:00	Gymnastics Moms&Tots 2to3 yrs					
11:00 to 12:00	Kickboxing Stage 2 Advanced		Gymnastics Moms&Tots 2to3 yrs			Gymnastics Moms&Tots 2to3 yrs
11:00 to 12:00	Gymnastics 3 to 4yrs					
12:00 to 12:45	Gymnastics 5 to 7yrs					
12:00 to 1:00	Kickboxing Stage 1 Beginner					
1:00 to 2:00	Cardio 5 to 8yrs					
1:00 to 2:00	Kickboxing Private One On One					
1:00 to 2:00	Gymnastics 3 to 4yrs					
2:00 to 3:00	Gymnastics Private OneonOne	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One
2:00 to 3:00	Kickboxing Private One On One	Gymnastics Private OneonOne	Gymnastics Private OneonOne	Gymnastics Private OneonOne	Gymnastics Private OneonOne	Gymnastics Private OneonOne
3:00 to 4:00	Cardio 9 to 14yrs	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced
3:00 to 4:00	Kung Fu Yoga 4 to 14yrs	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner
3:00 to 4:00	Kickboxing Stage 2 Advanced	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs
3:00 to 4:00	Gymnastics 5yr to 7yrs	Gymnastics 3 to 4yrs	Gymnastics 3 to 4yrs	Gymnastics 3 to 4yrs	Gymnastics 3 to 4yrs	Gymnastics 3 to 4yrs
4:00 to 5:00	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner	Kickboxing Stage 1 Beginner
4:00 to 5:00	Cardio 5 to 8yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs
4:00 to 5:00	Gymnastics 8yr to 14yrs	Gymnastics 3 to 4yrs	Gymnastics 5yr to 7yrs	Gymnastics 3 to 4yrs	Gymnastics 5yr to 7yrs	Gymnastics 5yr to 7yrs
5:00 to 6:00	Kung Fu Yoga 4 to 14yrs	Kung Fu Yoga 4 to 14yrs	Kung Fu Yoga 4 to 14yrs	Kung Fu Yoga 4 to 14yrs	Kung Fu Yoga 4 to 14yrs	Kung Fu Yoga 4 to 14yrs
5:00 to 6:00	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs	Cardio 5 to 8yrs
5:00 to 6:00	Kickboxing Stage 2 Advanced	Kickboxing Stage 3 Professional	Kickboxing Stage 3 Professional	Kickboxing Stage 3 Professional	Kickboxing Stage 3 Professional	Kickboxing Stage 3 Professional
5:00 to 6:00	Gymnastics 3 to 4yrs	Gymnastics 5yr to 7yrs	Gymnastics 5yr to 7yrs	Gymnastics 5yr to 7yrs	Gymnastics 3 to 4yrs	Gymnastics 5yr to 7yrs
6:00 to 7:00	Kickboxing Stage 1 Beginner	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced	Kickboxing Stage 2 Advanced
6:00 to 7:00	Kickboxing Private One On One	Gymnastics 8yr to 14yrs	Gymnastics 8yr to 14yrs	Gymnastics Expert Class	Gymnastics 8yr to 14yrs	Gymnastics 8yr to 14yrs
6:00 to 7:00	Cardio 9 to 14yrs	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One	Kickboxing Private One On One
6:00 to 7:00	PRO GYMNASTIC PROGRAM	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs	Cardio 9 to 14yrs
6:00 to 7:00	ADULTS SWIMMING LESSONS	ADULTS SWIMMING LESSONS	ADULTS SWIMMING LESSONS	ADULTS SWIMMING LESSONS	ADULTS SWIMMING LESSONS	ADULTS SWIMMING LESSONS
7:00 to 8:00		PRO GYMNASTIC PROGRAM	PRO GYMNASTIC PROGRAM	PRO GYMNASTIC PROGRAM	PRO GYMNASTIC PROGRAM	PRO GYMNASTIC PROGRAM

Palm Jumeirah, Golden Mile Galleria Mall Bldg. 3 Mezzanine Level; Tel. 04-240 8709 Email: info@littlegladiators.ae

Please Note All Pricing & Class Schedules May Vary Without Prior Notice.

PLEASE ALLOW 24 HOURS FOR YOUR BOOKING TO BE CONFIRMED. ANY BOOKING QUERIES PLEASE CONTACT THE BOOKING DEPARTMENT.

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